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Dr. Alex Alonso and Ivon Alonso have started The Life Wellness Institute to help others reach those goals and go even beyond. Wellness is at the base of a happy and fulfilling life, and we are committed to helping our clients turn their life around and get to their optimal level of wellness.. Dr. Alex and Ivon Alonso are experts in this field and have dedicated years to exploring every ...

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- balance hormones through bioidentical (not synthetic, cancer-causing) hormone replacement
- fix thyroid problems

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provides healing to you may not do the same for others and that's okay.

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Spending the time that you just won't have with your own doctor in today's challenged medical environment, she shares the 8 STEPS TO WELLNESS formed from the extensive research she's done with these physicians practicing "Breakthrough" medicine. Discover how to:

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Suzanne Somers: Breakthrough : Eight Steps to Wellness; Life-Altering Secrets from Today's Cutting-Edge Doctors (Paperback); 2009 Edition Paperback – January 1, 1672

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